

**HILLSBOROUGH COUNTY SCHOOLS  
ELEMENTARY STUDENT MENU  
STUDENT NUTRITION SERVICES  
SATELLITE NON FINISHING KITCHEN (ELEMENTARY & MIDDLE)**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>BREAKFAST</b> Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> BBQ Rub Roasted Chicken BBQ Baked Beans Peach Slices Dinner Roll Assorted Low Fat Milk</p>	<p><b>BREAKFAST</b> Eggo® Cinnamon Waffles w/ Syrup Peanut Butter &amp; Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> Chipotle Chicken Mac' N Cheese Cheesy Spinach Bake 100% Fruit Juice Assorted Low Fat Milk</p>	<p><b>BREAKFAST</b> Whole Grain Muffin w/ Colby Jack Cheese Stick Cereal w/ Strawberry Grahams 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> Popcorn Chicken Bowl Fresh Apple Slices Dinner Roll Assorted Low Fat Milk</p>	<p><b>BREAKFAST</b> Eggo® Mini Blueberry Pancakes Breakfast Protein Bar 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> Cuban Sandwich Roasted Carrots Berry Blue Applesauce Assorted Low Fat Milk</p>	<p><b>BREAKFAST</b> Assorted Cereal w/ Strawberry Grahams Yogurt w/ Cinnamon Graham Crackers 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> Teriyaki Chicken w/ Fried Rice (1cup rice) Broccoli w/ Lite Ranch Dip Fruit Cocktail Treat w/ Meal Assorted Low Fat Milk</p>
<p><b>BREAKFAST</b> Eggo® Mini Cinnamon Waffles w/ Syrup Assorted Cereal w/ Strawberry Grahams 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> Roasted Chicken Drumstick w/ Mashed Potatoes (1/2 cup) Roasted Carrots (1/2 cup) Applesauce Fruit Cup Dinner Roll Assorted Low Fat Milk</p>	<p><b>BREAKFAST</b> Assorted Cereal w/ Strawberry Grahams Peanut Butter &amp; Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> Turkey &amp; Cheese Sub Fruited Gelatin Crisp Garden Salad Assorted Low Fat Milk</p>	<p><b>BREAKFAST</b> Eggo® Mini Blueberry Pancakes w/ Syrup Whole Grain Muffin w/ Mozzarella Cheese 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> Santa Fe Beef Tacos Seasoned Black Beans 100% Fruit Juice Assorted Low Fat Milk</p>	<p><b>BREAKFAST</b> Assorted Cereal w/ Strawberry Grahams Yogurt w/ Cinnamon Graham Crackers 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> Tuscan Rotini w/ Meatsauce Berry Blue Applesauce Cheesy Spinach Bake Dinner Roll Assorted Low Fat Milk</p>	<p><b>BREAKFAST</b> Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice of Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> Sweet &amp; Sour Chicken w/ Yellow Rice (1/2 cup rice) Crisp Garden Salad Fresh Apple Slices Assorted Low Fat Milk</p>
<p><b>BREAKFAST</b> Assorted Cereal w/ Strawberry Grahams Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> Sloppy Joe Sandwich BBQ Baked Beans 100% Fruit Juice Assorted Low Fat Milk</p>	<p><b>BREAKFAST</b> Eggo® Cinnamon Waffles w/ Syrup Peanut Butter &amp; Jelly Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> Cheese Tortellini w/ Tomato Cream Sauce Fruited Gelatin Crisp Garden Side Salad Dinner Roll Assorted Low Fat Milk</p>	<p><b>BREAKFAST</b> Whole Grain Muffin w/ Colby Jack Cheese Stick Cereal w/ Strawberry Grahams 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> Teriyaki Chicken w/ Lo Mein Noodles Seasoned Peas &amp; Carrots Sliced Peaches Assorted Low Fat Milk</p>	<p><b>BREAKFAST</b> Eggo® Mini Blueberry Pancakes Breakfast Protein Bar 100% Fruit Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> Ham &amp; Cheese Sub 100% Fruit Juice Broccoli w/ Lite Ranch Dip Assorted Low Fat Milk</p>	<p><b>BREAKFAST</b> Eggo® Mini Cinnamon Waffle w/ Syrup Breakfast Protein Bar 100% 4oz Juice or Assorted Fruit Assorted Low Fat Milk</p> <p><b>LUNCH</b> BBQ Pork w/ Mashed Potatoes (1/2cup) Carrot Soufflé (1/2 cup) Applesauce Fruit Cup Dinner Roll Assorted Low Fat Milk</p>

Vegetable Choices-  $\frac{3}{4}$  cup serving unless noted on menu

Fruit Choices-  $\frac{1}{2}$  cup serving

Dinner Roll- 1each (thaw and serve)